BLOMQUIST HALE
EMPLOYEE ASSISTANCE

Employee Assistance Program (EAP)

24/7 Crisis Service

No Set Session Limits

100% Confidential

blomquisthale.com

Assistance With Life's Challenges

The Blomquist Hale Employee Assistance Program provides direct, **face-to-face guidance** to address virtually any type of problem or stressful life situation.

Brief, Solution-Focused Therapy

Our licensed clinicians use a brief, solution-focused therapy model to resolve problems quickly. Using this approach, you learn to identify core issues and how to create and participate in a long-term solution.

Guaranteed Confidentiality

Blomquist Hale practices strict adherence to all professional, state and federal privacy guidelines. Confidentiality is guaranteed to all participants.

Direct Care – No Set Session Limits

There is no set limit on the number of sessions provided through our counselors. However, cases which require care beyond the scope of the EAP are referred to appropriate community providers.

Simple 24/7 Accessibility

EAP Counselors are available during regular and extended hours, and Crisis Line support is available 24/7. Simply call the number below to set up an appointment. No paperwork or approval needed.

Need help? Call us today to set up an appointment.

1-800-926-9619

Employee Assistance Program Specifics

Convenient locations • Professional, friendly team • Extended hours

Services Include:

- Stress, Anxiety or Depression
- Personal and Emotional Challenges
- Marital, Relationship and Family Counseling
- Grief or Loss
- Substance Abuse and Other Addictions

The Employee Assistance Program (EAP) at Blomquist Hale is your resource for resolving stressful life issues.

Eligibility

Services are offered to employees and their dependents.

No Co-Pay Required

The entire cost of our service is covered by your employer. The services provided by Blomquist Hale are FREE, with no co-payment, deductible or insurance approval required.

Setting an Appointment

Meeting with our team is simple. Call us today to set up an EAP appointment.

blomquisthale.com