

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 spaghetti with meat sauce, garlic bread, applesauce, red grapes	3 cream of celery soup ham salad sandwich, cucumber slices, cottage cheese with fruit	4 pulled pork, au gratin potatoes, mixed veggies, fruit cocktail	5 H. D. ONLY meat & cheese sandwich, chips, potato salad, sunny fruit, zucchini cookies	6 seafood salad on a bed of lettuce, grape juice, cantaloupe, strawberry shortcake	7
8	9 goulash, garlic bread, peas, diced carrots, sliced peaches	10 beef veggie soup, egg salad sandwich, red pepper slices, orange juice	11 hot turkey sand., mashed potatoes, gravy, green beans, diced pears	12 H. D. ONLY chicken salad wrap, fruit juice, honeydew melon, lemon crumb squares	13 BBQ chicken sand. cowboy potatoes, broccoli salad, cranberry juice, apple crisp	14
15	16 chicken tenders, tater tots w/cheese, yellow squash, tropical fruit, fruit juice	17 corn chowder, tuna salad, breadsticks, oranges, jell-o with fruit	18 French dips, English chips, chilled veggie salad, ambrosia salad	19 H. D. ONLY green chili chicken, wild rice, fruit juice, apricots, brownies	20 pork cutlets, potato casserole, zucchini, almond peaches, rice pudding	21
22	23 hamburgers, pasta salad, chips, watermelon, fruit juice	24 chili w/cheese & onions, crackers, oranges, sliced pears	25 pork roast, scalloped potatoes, butternut squash, honeydew melon	26 H. D. ONLY hamburger gravy, mashed, yellow squash, bananas, coconut pudding	27 beef & broccoli, lo mien, egg rolls, red grapes, cake & ice cream	28
29	30 ham & beans, cornbread, spinach salad (H.D.) green onions, ambrosia salad	31 HAPPY HALLOWEEN				