

# August

2022

Wednesday after lunch  
we play Rummikub  
Spite & malice or  
whatever strikes  
our fancy.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	1 8:20 walking CD 9am Strong women CD 4:30 am BINGO	2 coffee & tea @ 10:00 am	3 8:20 walking CD 9am SW CD 10 am Tai Chai 1pm Shen Zhen	4 8-4 or 50 Grand jet trip	5 8:20 walking CD 9am SW CD	6
7	8 8:20 walking CD 9am Strong woman CD 9:30 am BINGO	9 coffee & tea @ 10:00 am	10 8:20 walking CD 9am SW CD 10: am Tai Chai 1:00 pm Shen Zhen	11 5pm POUF Paint Class Lunch & noon Tapatio's	12 8:20 walking CD 9am SW CD	13
14	15 8:20 walking CD 9am S.W. CD 9:30 am BINGO	16 coffee & tea @ 10:00 am	17 8:20 am walking CD 9am SW CD 10 am Tai Chai 1:00 pm Shen Zhen	18 10 am Tie dye Craft. 5pm MOVIE NIGHT	19 8:20 walking CD 9am SW CD	20
21	22 8:20 am walking CD 9am SW CD 9:30 am BINGO!	23 Get up & GO Monday 9:30 am	24 8:20 am walking CD 9am SW CD 10 am Tai Chai 1:00 Shen Zhen	25 1pm BOOK CLUB O'pioneer by Willa Cather	26 8:20 walking CD 9am SW CD	27
28	29 8:20 am walking CD 9:00 am SW CD 9:30 am BINGO.	30 coffee & tea @ 10:00 am	31 8:20 walking CD 9 am Strong woman CD 10 am Tai Chai 1:00 pm Shen Zhen			

PS we play  
mand & foot  
Comasta  
office lunch  
Thursday