



OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
25	26	27	28	29	30	1	
2	Bingo 9:30a 8:20 walking CD	3	4	5	6	7	8
		coffee/tea 10:00am	Blankets w/ GIRL SCOUTS 3:30-5pm 8:20 walking CD	caregivers Rejuvenation Celebration 4-6p.	9am Strong Woman CD ← G.J. COLO trip 8:20 walking CD		
9	Bingo 9:30a	10	11	12	13	14	15
		coffee/tea 10:00am	10am Tai chi 1pm Shen Zhen			Be Bald Be FREE DAY	
16	Bingo 9:30	17	18	19	20	21	22
		get up & go 9:30am	flu/covid clinic 9-4:30pm AMY FARR 11:30-12 10: Tai chi	craft 10am witches hats centerpieces		9am Strong woman CD	
23	Bingo 9:30	24	25	26	27	28	29
		coffee/tea 10:00am	BOOK Club 10am 1pm Shen Zhen 10am Tai chi				
30	Halloween PARTY TRUNK OR TREAT	31	1	2	3	4	5
Bingo →							

8:20 AM walking CD 9am strong woman CD (M,W,F) 10am Tai chi 1pm Shen Zhen (wed only)

Homemade