

# April 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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hello



<p>3 8:20am Walking CD 9am Strong Woman 9:30 Bingo 12:45 pm Card making w/Diana 12:45 Hand &amp; Foot</p>	<p>4 10am Coffee/Tea Karen F. presents 10am Dancing w/ Deana</p>	<p>5 8:20 Walking CD 9am Strong Woman 10am Tai Chi Widows luncheon 12:45 cards &amp; cards 1pm Shen Zhen</p>	<p>6 8am Grand Jct. 10am Dancing w/ Deana 4pm Caregivers</p>	<p>7 8:20 Walking CD 9am Strong Woman 9:30 Easy Movement w/ Becky R. 11-12 Music with Dvorscak girls.</p>	<p>8 EASTER TEA PARTY* - ← 2pm on Friday</p>	<p>9</p>
<p>10 8:20am Walking CD 9am Strong Woman 9:30 Bingo 12:45 Hand and Foot</p>	<p>11 10am Coffee/Tea Patrice M. presents 10am Dancing w/ Deana</p>	<p>12 8:20 Walking CD 9am Strong Woman 10am Tai Chi 11:30 VARIETY SHOW 1 pm Shen Zhen</p>	<p>13 10am Dancing w/ Deana</p>	<p>14 8:20 Walking CD 9am Strong Woman 9:30 Easy Movement DESERT STAR THEATRE &amp; Aquarium (CLOSED)</p>	<p>15</p>	<p>16</p>
<p>17 8:20am Walking CD 9am Strong Woman 9:30 Bingo 12:45 Hand and Foot canasta weekly</p>	<p>18 9:30 Get up &amp; Go 10am Dancing w/ Deana</p>	<p>19 8:20 Walking CD 9am Strong Woman 10am Tai Chi 1 pm shen Zhen 12:45 various cards &amp; boardgames, Wednesdays</p>	<p>20 10am Dancing w/ Deana 10am Crafts</p>	<p>21 8:20 Walking CD 9am Strong Woman 9:30 Easy Movement w/ Becky R.</p>	<p>22</p>	<p>23</p>
<p>24 8:20am Walking CD 9am Strong Woman 9:30 Bingo</p>	<p>25 10am Coffee/Tea 10am Dancing W/ Deana</p>	<p>26 8:20 Walking CD 9am Strong Woman 10 am Tai Chi 10am Book Club "30 Things I Love about Myself" by Radhika Sanghani</p>	<p>27 CORTEZ 10am Dancing w/ Deana</p>	<p>28 8:20 Walking CD 9am Strong Woman 9:30 easy Movement 12:45 MOVIE TBD</p>	<p>29</p>	<p>30 jnjnjnj</p>