


# March

Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

1	8:30 Exercises in vitality room 9:30 Bingo 10:30 Dancing w/Deana 12:40pm writers group	2	Coffee/Tea 10am	3	8:30am exercises 1030am Tai Chi/Dhyana 1pm Shen Zhen/Lisa 5-6 Grief Support	4	8am Grand Junction trip	5	8:30 am exercises	6	<b>QUILT SHOW FRI. SAT. &amp; SUNDAY</b>	7
8	<i>Daylight savings time. Move your clock 1 hr. ahead.</i> 8:30 Exercises in vitality room 9:30 Bingo 10:30 am Dancing w/Deana 12:40pm Mexican train dominos	9	10am Coffee/Tea w/ Jordan Killen financial advisor Seated chair yoga @ 2:30p	10	8:30am exercises 10 am Adventure Club 1030am Tai Chi/Dhyana 1pm Shen Zhen/Lisa 4-5 Dementia care group	11	<b>Plant a flower to-day</b> 	12	8:30 am Exercises gOOD SaMaRiTIN DaY	13		14
15	8:30 Exercises in vitality room 9:30 Bingo 10:30am Dancing w/Deana	16	9:30 am Get up & Go Seated chair yoga @ 2:30 pm	17	8:30am exercises 1030am Tai Chi/Dhyana 1pm Shen Zhen/Lisa 5-6pm Grief Support	18	10am CRAFT Potluck	19	8:30 am exercises Spring begins today	20		21
22	8:30 Exercises in vitality room 9:30 Bingo 10:30 am Dancing w/Deana 12:0 Mexican train dominos	23	Coffee/Tea 10am Seated chair yoga @ 2:30 pm	24	10am Book Club Bee Season by Myla Goldberg 10:30 Tai Chi & 1pm Shen Zhen 4pm dementia support group.	25		26	8:30 exercises National Joe Day	27		28
29	8:30 Exercises in vitality room 9:30 Bingo	30	Coffee/Tea 10am Seated chair yoga @	31		1		2		3		4

March is women of History month. Learn about fabulous woman in our country and around the world.

- APRIL
- BLOSSOM
- BREEZE
- BUD
- BULBS
- BUNNY
- BUTTERFLY
- CHICK
- DAFFODIL
- EASTER
- EGGS
- GRASS
- GREEN
- HATCH
- JUNE
- MARCH
- MAY
- NEST
- PUDDLE
- RAINBOW
- ROBIN
- SEASON
- SHOWERS
- SUNSHINE
- THAW
- TULIP
- UMBRELLA



**DIRECTIONS:** Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

F	T	L	Y	T	O	I	B	R	J	K	V	S	B	G	M	U	M	M
A	A	E	J	F	D	L	O	F	U	M	S	O	T	A	F	V	Z	H
U	L	H	P	U	D	D	L	E	P	A	E	E	Y	S	D	T	B	E
S	B	L	U	B	Q	L	F	R	R	Z	T	G	Y	T	H	A	W	U
L	X	Z	B	U	N	N	Y	G	K	Q	B	W	G	F	R	Q	X	M
W	M	S	H	O	W	E	R	S	G	B	L	O	S	S	O	M	C	B
P	W	U	M	P	N	V	A	R	Q	T	G	E	F	G	D	X	Z	R
F	T	N	K	A	K	H	V	H	E	K	P	B	R	E	T	S	A	E
G	E	S	W	O	R	O	B	I	N	C	O	F	R	J	M	P	J	L
M	Y	H	M	L	Y	C	L	L	J	I	Z	B	H	E	D	U	Z	L
N	N	I	Q	Q	I	U	H	I	T	H	R	U	T	Z	E	T	W	A
L	E	N	U	H	S	X	Z	D	U	C	Z	T	P	S	N	Z	Q	A
R	Y	E	Y	Y	N	N	M	O	L	H	N	T	Z	B	E	X	E	F
O	A	U	R	I	U	O	D	F	I	G	E	E	H	G	A	N	Q	T
W	P	I	J	G	G	K	S	F	P	P	J	R	J	I	A	S	A	M
K	R	J	N	Z	B	E	X	A	Y	B	C	F	J	H	A	T	C	H
B	I	S	U	B	U	X	M	D	E	B	F	L	Y	W	M	B	B	H
X	L	M	B	N	O	A	C	T	J	S	U	Y	H	B	H	G	Y	F
X	X	I	J	W	E	W	R	D	V	E	D	D	K	A	A	W	H	M

