

August 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|--|---|---|---|-----|
| | | | | 1 H. D. ONLY pizza casserole, spinach salad, juice, garlic bread, pears, brownies | 2 reubens, chips, coleslaw, strawberries, bread pudding | 3 |
| 4 | 5 twice baked potato casserole, veggie medley, green salad, (H.D) ambrosia salad | 6 cream of cauliflower soup, ham salad, breadsticks, spiced apples | 7 pork roast, mashed, gravy, spaghetti squash, cottage cheese with fruit | 8 H. D. ONLY sandwiches, chips, potato salad, green grapes, cinnamon rolls | 9 taco salad with beans & meat, cheese toms, lettuce, salsa, sour cream, pineap- ple, coconut cust. pie | 10 |
| 11 | 12 beef stroganoff, baby carrots, green beans, applesauce | 13 pork verde, cheese, sour cream, tortillas, red pepper slices, bananas | 14 BBQ chicken sandwich, cowboy potatoes, cucumber/ tomato salad, tropical fruit | 15 H. D. ONLY chix curry casserole, rice pilaf, fruit juice, cauliflower, pears, honey bun cake | 16 beef & broccoli, lo mien noodles, egg rolls, mandarins, fortune cookies | 17 |
| 18 | 19 pork cutlets, au gratin potatoes, mixed veggies, oranges | 20 beef veggie soup, cheese garlic biscuits, cranberry juice, cantaloupe | 21 Navajo tacos, lettuce, tomato, cheese, onion, guac, salsa, juice, sliced peaches | 22 H. D. ONLY goulash, yellow squash, peas, watermelon, banana wafer puddin | 23 meatloaf, baked potatoes, green beans, applesauce, earthquake cake | 24 |
| 25 | 26 salisbury steak, broccoli and cauliflower, sliced peaches, | 27 chili with cheese and onions, cornbread, cucumber sticks, | 28 bratwursts, potato salad, chips, fruit juice, | 29 H. D. ONLY stuffed peppers, riviera veggies, green grapes, | 30 fried chicken, mashed, gravy, corn, honeydew, cake & ice cream | 31 |
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